

AMṚTASIDDHI IO-I4

Handout for Sanskrit Texts on Yoga Manuscript Workshop

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[IO. GUṆAVIVEKAḤ]

guṇāḥ sāṃsārikāṇām ca nivasanti kalevare |
 prakṛter eva jāyante te 'pi sattvarajastamāḥ ||1||
 nibaddhas triguṇaiḥ piṇḍo nibaddham cittam eva ca |
 teṣāṃ samāsato bhedaḥ śrūyatām ca yathoditāḥ ||2||
 yady apy ete guṇā loke bhānyante samabhāṣayā |
 tad apī sāttviko bhāvo jāyate 'mśasahasrataḥ ||3||
 lobhakrodhakṣudhāgarhāhiṃsādambhamṛṣābhavam |
 yad atra dr̥śyate martye tat sarvaṃ tamasobhavam ||4||
 nidrā tandrā tathājñānam ālasyaṃ smr̥tilopatā |
 tamasy eva prajāyante pradhānaṃ maraṇāntikam ||5||
 gītaṃ nṛtyaṃ tathā vādyam vastraṃ caiva vilepanam |
 hasanaṃ kathanaṃ kāmāt sarvaṃ etad rajobhavam ||6||
 strīṇāṃ saṃgāṣayā bhāvāḥ kriyante ye kṣaṇam kṣaṇam |
 pravṛttir maithune yā ca pradhānaṃ rajaso guṇāḥ ||7||

Witnesses: C = China Nationalities Library of the Cultural Palace of Nationalities 5005125 (21) (C_S = Sanskrit text in Newari (?) script, C_T = Sanskrit text in Tibetan script, C_{tr} = reading supported by Tibetan translation); J₁ = Maharaja Man Singh Pustak Prakash, Jodhpur 1242; J₂ = Maharaja Man Singh Pustak Prakash, Jodhpur 1243; J = J₁J₂; M₁ = Madras Government Oriental Manuscript Library 4341; A = Adyar Library 75278; M₂ = Madras Government Oriental Manuscript Library 4342; K₁ = National Archives, Kathmandu Eo655-39; K₂ = NAK E1501-11; K₃ = NAK H0068-07; K₄ = NAK H0233-06; K = K₁K₂K₃K₄ • Y = *Yogacintāmaṇi* ed. Haridās Śarmā, Calcutta Oriental Press, n.d. (Y_K = *Yogacintāmaṇi* Kaivalyadhāma ms No. 9784) • H_J = *Haṭhapradīpikāyotsnā*.

1a guṇāḥ sāṃsārikāṇām ca] C; guṇā bhavanidānaṃ hi M₂, guṇām āsām vikāraṇām JK₁ 1c prakṛter eva] CJ; prakṛtyai va pra° M₂ 1d te 'pi] C; etes M₂, tāni JK₁ • sattvarajastamāḥ] CJ; tvamrajastamāḥ M₂
 2a nibaddhas triguṇaiḥ piṇḍo] em.; nibaddhas triguṇaiḥ piṇḍo C, nibaddhaḥ triguṇaiḥ piṇḍo M₂, nibaddham triguṇaiḥ piṇḍair J₁, nibaddham triguṇaiḥ piṇḍai K₁ 2b nibaddham] CJK₁; nibaddhaḥ M₂ 2c teṣāṃ] CJK₁; eṣāṃ M₂ 2d °oditāḥ] CJ; °oditaṃ M₂ 3a yady apy ete] em.; yady epy ete C, yad yad ete M₂, yadāpy ete J₁K₁ 3b bhānyante] C; labhyate M₂, manyante J₁K₁ • samabhāṣayā] em.; samabhāṣayā C_S, samabhāṣaya C_T, ca samāgatāḥ M₂, yair ihoditāḥ J 3c tad apī] C; teṣāṃ ca M₂JK₁ 3d 'mśasahasrataḥ] C (*unm.*); cāpy anekathā M₂, janmajanmataḥ J₁ 4a lobhakrodhakṣudhāgarhā] J₁; lobha kroLUUUUU C (*microfilm too faint*), lobhaḥ krothokṣmāśuddhā M₂ (*unm.*) 4b hiṃ°] J₁K₁; L C • °dambhamṛṣābhavam] C; °dambho mṛṣāśryāḥ M₂, °dambhas tamodbhavaḥ J₁K₁ 4c yad atra] CJ; yad yatu M₂ • martye] em.; matye C, janto M₂, martyai J₁K₁ 4d tamasobhavam] C; tāmasotbhavam M₂, tamasodbhavam J₁K₁ 5a tandrā] CJ; tandri M₂, tantra K₁ 5b °lopatā] J₁; °mopatā C, °pa*tā M₂ 5c tamasy eva] CJK₁; tamasaiva M₂ • prajāyante] M₂J₁K₁; *prajāyante* C 5d pradhānaṃ] CJK₁; pra*ānaṃ M₂, maraṇāntikam] M₂-JK₁; maraṇāntika C 6a gītaṃ nṛtyaṃ] CJK₁; nṛttaṃ gītaṃ M₂ 6c hasanaṃ] C; batasana* M₂, sahanaṃ J₁ • kathanaṃ] J₁; kathana C (*unm.*), *thanaṃ M₂ • kāmāt] CJ; kāryaṃ M₂ 6d sarvaṃ etad rajobhavam] C; tat sarvaṃ ra*so° bhavam M₂, sarvaṃ etad rajodbhavam JK₁ 7a saṃgāṣayā] C; saṃgāśrayā M₂, saptamayī J₁K₁ • yā bhāvāḥ] CJ; bhāvataḥ M₂ 7b ye] C; ca M₂JK₁ • kṣaṇam kṣaṇam] CJK₁; kṣaṇe kṣaṇe M₂ 7c pravṛttir] CM₂; prakṛtir J₂K₁, prakṛtair J₁ • maithune] CJK₁; mai** M₂, yā ca] C; yāvat M₂, yās ca JK₁ 7d guṇāḥ] C; guṇāḥ M₂J

rajastamobhibhūtaṃ ca śarīraṃ sarvadā sthitam |
 vināśam anayoḥ kṛtvā sattvaṃ utpadyate dhruvam ||8||
 utpanne sāttvike bhāve satyārtho jāyate nṛṇām |
 satyārthe ca sati jñānaṃ nirmalaṃ bhavati sphuṭam ||9||
 rajastamobhyāṃ saṃyukte śarīre doṣapūrite |
 yo 'tra bravīty ahaṃ jñānī so 'jñānī vātulaḥ smṛtaḥ ||10||
 svādhiṣṭhānena yogena na kṣīyete guṇau nṛṇām |
 asti mudrā viśeṣeṇa gurumukhābjasambhavā ||11||
 iti guṇavivekaḥ

[I I. MAHĀMUDRĀVIVEKAḤ]

kathyate 'sau mahāmudrā sarvatantreṣu gopitā |
 yāṃ saṃprāpya manuṣyās ca bhavanti surapūjitāḥ ||1||
 janmakoṭisahasreṇa kṛtvā satkarmavistaram |
 enāṃ prāpya bhavāmbhodheḥ pāraṃ gacchanti yoginaḥ ||2||
 yoniṃ saṃpīḍya vāmena pādāmūlena yatnataḥ |
 savyaṃ prasāritaṃ pādaṃ karābhyāṃ dhārayed dṛḍham ||3||
 āsane kaṭim āropya cibukaṃ hṛdayopari |
 navadvārāṇi saṃyamyā kuṅṅsim āpūrya vāyunā ||4||
 cittaṃ catuḥpathe kṛtvā ārabhet prāṇayantraṇaṃ |
 candrārkaḥ gatiṃ bhaṅktvā kuryād vāyunivāraṇam ||5||
 jāraṇeyaṃ kaṣāyasya cāraṇaṃ bindunādayoḥ |
 cālanam sarvanāḍīṇaṃ analasya ca dīpanam ||6||

II.1ab = Śivasambhitā 4.28cd II.3 = Haṭhpradīpikā 3.9 • II.3cd = Śivasambhitā 4.27ab II.4bc = Śivasambhitā 4.27dc II.6 = Śivasambhitā 4.31

8a rajastamobhi° M₂; rajastamovi° C, rajaṃtamābhi° J₁K₁, raja[s]tamobhi J₂ 8b śarīraṃ] CM₂; śarīre JK₁
 • sarvadā sthitam] CM₂; śaṃvyavasthītaṃ J₁, saṃvyavasthītaṃ J₂K₁ 8d sattvaṃ] CM₂J₂K₁; satyam J₁
 • utpadyate dhruvam] CJK₁; utpadya*e ddhrivam M₂ 9a bhāve] J; bhave C (unm.) 9b satyārtho] C;
 satvārtthe M₂, satyārthe J • jāyate] CJ; jiyate M₂ 9c satyārthe ca sati] C; satvārtthat sātvi taṃ M₂, satyārthe
 sati taj J, satyārthe sati ta K₁ 9d bhavati] CJK₁; bhava* M₂ 10a °tamobhyāṃ saṃyukte] C; °tamo*saṃ
 tyaktvā M₂, °tamāsuyuktābhyāṃ J₁K₁, tamosuyuktābhyāṃ J₂^{ac}, tamo[°bhyāṃ] yuktābhyāṃ J₂ (unm.) 10b
 °pūrite] CJ; °mṛṣite M₂ 10c yo 'tra bravīty] em. (= C_{pr}); yo 'tra sa vetty C, yo tṛ bruvīty M₂, yo va bravīmy
 J₁, yo vā bravīmy J₂ • ahaṃ jñānī] J; aha jñānī C, ahaṃ yogī M₂ 10d so 'jñānī vātulaḥ smṛtaḥ] C; so 'jñānī
 cātulaḥ smṛtaḥ JK₁, sa jñānī nātula*smṛtaṃ M₂ 11a yogena] C; mārgeṇa M₂JK₁ 11b na kṣīyete] em.; na
 kṣīyate C, prakṣīyante M₂, nākṣipeti JK₁ • guṇā] M₂; guṇau C, guṇo JK₁ 11c viśeṣeṇa] CJ; viśeṣād vā M₂
 11d guru°] CJ; guror M₂ • °mukhābja°] C; °vaktrābja° M₂, °mukhāt tu J • °sambhavā] J; °sambhavāṃ
 C, °sambhavāt M₂ • Colophon: iti guṇavivekaḥ] CM₂; ity amṛtasiddhau sattvarajastamovivekaḥ JK₁ 1a
 'sau] CM₂; hi JK₁ 1c yāṃ] J, yāṃ] C (unm.) (daṇḍa in wrong place); yā M₂ • saṃprāpya] CM₂J₁;
 sāṃprāpyaṃ J₂^{ac}, saṃprāpyaṃ J₂^{bc} 1d °pūjitāḥ] pūjitā K₁ 2c enāṃ] etāṃ M₂ • °bhodeḥ] J; °bhodhau
 C, °bhodhi M₂ 2d gacchanti] gaṇyanti M₂ 3b yatnataḥ] yat tataḥ M₂ 3c savyaṃ] dakṣaṃ M₂ 3d
 karābhyāṃ] karabhyān M₂ 4c sam°] * M₂ 5a cittaṃ] CM₂J₂; citta J₁ 5b ārabhet] C; prārabhet M₂J
 5c candrārkaḥ gatiṃ bhaṅktvā] em.; candrārkaḥ gatiṃ bhuṅktvā C, bhītvā candrārkaḥ grandhīm M₂,
 candrārkaḥ gatiṃ bhaktvā J₁, candrārkaḥ gatiṃ bhaṅktvā J₂ 5d vāyuo°] CM₂; dvayor C_{pr}, vāṇa° J 6a
 jāraṇeyaṃ] em.; jāraṇo ya C, jāraṇā yaṃ M₂, jāraṇo 'yaṃ J 6b cāraṇaṃ] cāraṇa C, māraṇaṃ M₂, dhāraṇaṃ J
 6c cālanam sarvanāḍīṇaṃ] CM₂; pālanam sarvanārīṇaṃ J 6d analasya ca] C; analasya pra° M₂, varānalasya
 J

kāyavākcittayogena kāyavākcittasādhanam |
 bhaved abhyāsato 'vaśyaṃ mārgārūḍhasya yoginaḥ ||7||
 anayā mudrayā sarvaṃ jāyate yogino dhruvam |
 tasmād enāṃ prayatnena mahāmudrāṃ samabhyaset ||8||
 sarvāsām eva mudrāṇāṃ mahatīyaṃ svayaṃbhuvā |
 mahāmudrāṃ ca tenaināṃ vadanti vibudhottamāḥ ||9||
 anayā bādhyate mṛtyur hiteyaṃ tena sarvadā |
 cetasā vidhṛtā yena yantraṃ tenaiva nirjitam ||10||
 asyās ca prāthitaṃ nāma pādānāṃ prathamākṣaraiḥ |
 uktaṃ ca yogayuktānāṃ pramodāya ca kevalam ||11||
 iti mahāmudrāvivekaḥ

[12. BANDHAVIVEKAḤ]

iyam yena mahāmudrā yogināṃ sidhyati dhruvam |
 kathyate 'sau mahābandhaḥ śarīre prāṇadhāraḥ ||1||
 bandhaś ca dvidvidho jñeyo yathā bindur udāhṛtaḥ |
 yonibandho hi devīnāṃ kaṅṭhabandho hi devataḥ ||2||
 pūrakaṃ kumbhakaṃ kṛtvā dhṛtvā mudrāṃ bhayāpahāṃ |
 bandhaṃ saṃyojayet kṣipraṃ surāsurasugopitam ||3||
 gudaṃ yonisamāyuktam ākuñcya caikakālataḥ |
 apānam ūrdhvagaṃ kṛtvā samānena ca yojayet ||4||
 bandhaṃ samārabhed yogī madhyamādvārapārśvataḥ |
 saṃrodhya tripathaṃ yatnāt kuryād vāyoḥ suśṛṅkhalām ||5||
 prāṇe cāropya vāyuṃ ca kṛtvā prāṇam adhomukham |
 vāhayed ūrdhvatyartham prāṇāpānaikayogataḥ ||6||

11.7cd = Śivasamhitā 4.34cd 11.9cd = Haṭhapradīpikā 3.13cd 12.6 ≈ Śivasamhitā 4.38

7d mārgā°] mārga° M₂ 8a mudrayā] M₂J; mudrāya C 8b yogino] C; yogināṃ *sett.* 9c tenaināṃ] CM₂; tenaito J 9d vi°] M₂J; ca C 10a anayā bādhyate] CM₂; bādhyate cānyayā J₁, bādhyate cānayā J₂ 10b hiteyaṃ tena sarvadā] C; valir ābaddhyate sadā M₂ 10c cetasā] C₂; cetatyā J₁ 10c yena] C; ye J (*unm.*) 11a prāthitaṃ] C; kathitaṃ M₂ 11b pādānāṃ] C; padānāṃ M₂J 11c uktaṃ] J; *om.* C (*unm.*), yuktaṃ M₂ • ca yogayuktānāṃ] CM₂; yogaprayuktānāṃ] 11d pramodāya] J; pramodaya C • ca] * M₂ Colophon iti mahāmudrāvivekaḥ] CM₂; ity amṛtasiddhau mahāmudrāvivekaḥ J 1b yogināṃ sidhyati] C; yoginā sidhyate M₂, sādhitā yoginā J 1c °bandhaḥ] CM₂; °bandha J 1d °dhāraḥ] CM₂; °dhṛk kṛtaḥ J₁, °dhṛk tataḥ J₁ 2b bindur udāhṛtaḥ] C; bandhas sadā dṛ** M₂ 2c yonibandho hi devīnāṃ] *****vānāṃ M₂ 2d kaṅṭha°] C; kaṅṭha M₂ • hi devataḥ] C; mṛtāndhasām M₂, hi daivataḥ J 3a pūrakaṃ kumbhakaṃ] CM₂; pūrakakumbhakaḥ J 3c bandhaṃ saṃyojayet] J; bandhaṃ saṃyojet C (*unm.*), ba ***** M₂ 3d surāsura°] C; devāsura° M₂ 4a gudaṃ] J; guda C, gu* M₂ 4b ākuñcya] C; ākuñcat M₂ • caika°] J; ceka° C, sama° M₂ 4c apānam] J; āpānam C • ūrdhvagaṃ] M₂J; ūrdhvagaṃ C 4d samānena ca yojayet] *****yet M₂ 5a bandhaṃ] C; *ndhaṃ M₂ 5c saṃrodhya] J; saṃvodhya C, saṃriddhya M₂ 5d vāyoḥ suśṛṅkhalām] C; ***** M₂, vāyoś ca śṛṅkhalām J 6a cāropya] C_T; ca ropya C_S, niriddhe M₂, vāropya J • vāyuṃ] *em.*; vāyuś *codd.* 6c vāhayed] CM₂; vāhad J (*unm.*) • ūrdhva°] J; ūrdhvaṃ CM₂ • gatyarthaṃ] apy arddham M₂ 6d prāṇāpānaikayogataḥ] J₂; prāṇāpānaikayogataḥ C, *****taḥ M₂, prāṇāpānaikayogataḥ J₁

eṣa yogavaro dehe siddhamārgaparakāśakaḥ |
 samrddhiḥ pratyayaḥ puṣṭir vidhāyainam hi nānyataḥ ||7||
 nāḍyaḥ śravanti yāḥ sarvā adhomārgena sarvadā |
 mahatānena bandhena viparītā bhavanti tāḥ ||8||
 adhovāhena tattvāni śarīrād bāhyagāni ca |
 sārāṇi prapalāyante svakṣetrāt srotaso yathā ||9||
 yathā bāhyagataḥ setuḥ pravāhasya nirodhakaḥ |
 tathā śarīragaś cāyam jñātavyo yogibhiḥ sadā ||10||
 sarvāsām eva nāḍīnām eṣa bandhaḥ prakīrtitaḥ |
 bandhasyāsa prasādena sphuṭībhavanti devatāḥ ||11||
 so 'yam catuḥpathe bandho mārghatrayanirodhakaḥ |
 ekam vikāśayen mārgham yena siddhāḥ sukham gatāḥ ||12||
 sṛṣṭimṛtyuprado mārghaḥ kathito 'yam adhogataḥ |
 pāpapuṇyasya karttārau dvāv etau pārśvagāminau ||13||
 kumbhake sarvatattvāni nikṣīpya dṛḍhabandhanāt |
 udānam argalam kṛtvā prāṇāpānaikayogataḥ ||14||
 bandho 'yam sarvanāḍīnām madhye gatinirodhakaḥ |
 etasyaiva prasādena yonibandhaḥ prasidhyati ||15||
 ayam ca saṃpuṭo yogo mūlabandho 'py ayam mataḥ |
 yogatrayam anenaiva sidhyaty abhyasatām satām ||16||
 iti bandhavivekaḥ

[13. VEDHAVIVEKAḤ]

7a °varo] CJ; °vare M₂ • dehe] J; dehehe C (*unm.*) 7b °mārgha°] CM₂J₂; °mārgham J₁ • °prakāśakaḥ]
 °prasādhakaḥ M₂ 7c samrddhiḥ] *conj.*; samvṛtīḥ C, sañcintya M₂, savitti° J₁, samvitti° J₂ • pratyayaḥ]
 CJ; pratyayaḥ M₂ • puṣṭir] CM₂; puṣṭīḥ J 7d vidhāyainam hi] *conj.*; vihāyaina hi C, vihāyaina* M₂,
 vihāyainam na J • nānyataḥ] C; nānyathā M₂, cānyataḥ J 8a nāḍyaḥ] CJ₁; nāḍya M₂, nāḍyaḥ J₂ •
 yāḥ sarvā] J; yā sarvā C, yās sarvā M₂ 8b adho°] J; hy adho° C, atho° M₂ 8c °nena bandhena] *conj.*;
 yena bandhena C, tena bandhena M₂J₂^c, tena saṃbandhena J₁J₂^c (*unm.*) 8d viparītā] CJ; viparīta M₂ 9a
 adhovāhena tattvāni] CJ; athovāheta tarvañ ca M₂ 9b °gāni] C; °gāmi M₂J 9c sārāṇi pra°] CJ; śarīrāṇi
 M₂ 9d svakṣetrāt] CJ; sukṣetre M₂ • srotaso] M₂; chrātaṇo C, cetaso J 10a yathā bāhyagataḥ] CM₂;
 sathāvāpya gataḥ J • setuḥ] JM₂; cetaḥ C 10b nirodhakaḥ] *em.*; nirodhakā C, nirothanaḥ M₂, virodhakaḥ
 J 10c °gaś] CM₂; °taś J • cāyam] cāyataḥ M₂ 11a sarvāsām] CJ; sarvesām M₂ 11b eṣa] M₂-
 J; eṣā C • bandhaḥ] CJ; bandha M₂ 11c bandhasyāsa] CM₂; asya bandha° J₁ 11d °bhavanti] C;
 °bhavati J • devatāḥ] C; devatā J • sphuṭībhavanti devatāḥ] tuṣṭāsyudeda vatānarāḥ M₂ (*unm.*)?? 12a
 so 'yam catuḥpathe] C; ayañ catṛṣpathe M₂ 12b °traya°] C; °trī*° M₂ 12c vikāśayen] vikāśayon M₂
 12d sukham] M₂; surā° C 13a sṛṣṭi°] CJ; sāṣṭi° M₂ • °mṛtyuprado] M₂J; °mṛtyuḥ p*ī*ado C 13b
 'yam] CJ; dham M₂ • °gataḥ] C; °gamaḥ M₂, °mukhaḥ J 13d pārśva] M₂; pārśva° C, svarga° J 14b
 nikṣīpya] CJ; nikṣīpeda M₂ • dṛḍha°] CJ₂; dṛḍham M₂J₁ 14c udānam argalam] M₂; udānam argālam
 C, udānamaṇḍalam J 14d prāṇāpānaikayogataḥ] C; prāṇena saha yogataḥ M₂, prāṇena saha yojayet J 15b
 madhye] M₂; ūrdhva° C, mṛtyor J 15d yonibandhaḥ] CJ; yogibothaḥ M₂ 16c °trayam] CJ; °travam
 M₂ 16d sidhyaty abhyasatām] C; siddhyante tasya tām gatim M₂, sidhyaty abhyasyatām J **Colophon:** iti
 mahābandhavivekaḥ M₂, ity amṛtasiddhau bandhavivekaḥ J

mudrā ca dvividhā jñeyā yathā bandho dvidhā kṛtaḥ |
 yonimudrā ca devīnāṃ liṅgamudrā ca daivakī ||1||
 yathā strīpuruṣābhyāṃ ca bāhyasṛṣṭiḥ prajāyate |
 tathā strīpuruṣābhyāṃ tu sṛṣṭināśaḥ śarīrataḥ ||2||
 guṇarūpavatī nārī niṣphalā puruṣaṃ vinā |
 mahāmudrāmahābandhau vinā vedhena niṣphalau ||3||
 gṛhītvā vāyucakrāṇi kṛtvā bandhaṃ yathoditam |
 vedhaṃ samārabhed yogī sacittenaiva vāyunā ||4||
 prāṇaṃ mahābalaṃ kṛtvā madhyamādvārasaṃ mukham |
 vedhayet kramayogena catuspāṭhaṃ ca vāyunā ||5||
 karābhyāṃ liṅgam āropya pṛthivyāṃ dhruvasaṃ nibham |
 tathā hi niścalaṃ kṛtvā pādadvayam adhomukham ||6||
 avakrapādamūlābhyāṃ kaṭim utthāpya susthiraḥ |
 āsphālayen nirātaṃkaṃ subandho bhavakarmanā ||7||
 āsphālayen mahāmeruṃ vāyuvajrāgrakoṭitaḥ |
 vedhaḥ saṃjāyate tena sabrahmaṇḍarasātalam ||8||
 merumadhyagatā devāḥ kampante merucālanāt |
 mriyante merurvedhena brahmādyā devatā dhruvam ||9||
 ādau saṃjāyate kṣipraṃ vedho 'yaṃ brahmagranthitaḥ |
 brahmagranthiṃ tato bhittvā viṣṇugranthiṃ bhinnaty asau ||10||
 viṣṇugranthiṃ tato bhittvā rudragranthiṃ bhinnaty asau |
 rudragranthiṃ tato bhittvā chittvā mohamayīṃ latām ||11||
 udghāṭayaty ayaṃ vāyur brahmadvāraṃ sugopitam |
 mahāmudrā mahābandho mahāvedhas tṛtīyakaḥ ||12||
 tritattvair guhyaniryāsair ebhir yogaḥ prasidhyati |
 yas tritattvam idaṃ vetti sa vetti bhuvanatrayaṃ ||13||
 yenābhyastam idaṃ devaḥ sa syāt sarvagato vibhuḥ |

13.5cd = *Amarauḡhaprabodha* 39cd 13.7cd = *Amarauḡhaprabodha* 40ab

1a °vidhā] M₂J; °vidho C 1b kṛtaḥ] C; mataḥ J • yathā bandho dvidhā mataḥ] yadvat ***** M₂
 1d daivakī] C₂^{cc}; daivikī M₂J₁^{cc} 2a ca] CM₂; tu J 2b bāhya°] C; bāhye J₁ • prajāyate bāhye tu
 strīpuruṣābhyāṃ] om. J₂ (*eye-skip*) 2c tathā strīpuruṣābhyāṃ tu] J; bāhye tu strīpuruṣābhyāṃ C 2d
 °nāśaḥ] C; nāśaḥ J₁ 3b niṣphalā] J₁; niṣphalaṃ C, niṣphalā J₂ 3c °bandhau] C; °bandho J 3d vedhena
 niṣphalau] C₂; vedena niṣphalo J₁ 4b bandhaṃ yathoditam] C; bandhau yathoditau J 4c vedhaṃ]
 J; vedha C 5d catuspāṭhaṃ] em.; catuḥpāṭhaṃ C, catuspīḍaṃ J 6c hi niścalaṃ] C; nirantrāṃ J 6d
 °dvayam] J; °dvāyam C 7b kaṭim utthāpya susthiraḥ] em.; kaṭi°m* utthāpya susthiraḥ C, kaṭimukho py
 asusthiraḥ J₁, kaṭimukho py avasthitaḥ J₂ 7c āsphālayen] em.; sphālayen C (*unm.*) 13.7cd om. J 8a
 sphālayen nirātaṃkaṃ subandho bhavakarmanā added C • mahāmeruṃ] J; mahāmeru C 8b °koṭitaḥ] C;
 °koṭibhiḥ J 8d °talam] C; °talāt J 9b kampante merucālanāt] C; kampante merucālanāt J₁J₂, kampante
 merucā[la]nāt J₂ 10a kṣipraṃ] C₂K₁; kṣipro J₁ 10d viṣṇu°] C₂; brahma° J₁ 11a °granthiṃ] granthi
 K₁ 11b granthiṃ] C₂; granthi J₁K₁ 11d moha°] C₂; maha° J₁ 12a udghāṭayaty] J₂; udghāṭayety C,
 udghāṭayaty J₁ • vāyur] C; vāyuḥ J 12b °dvāraṃ] JK₁; °dvāra C 13a tritattvair] J₂K₁; J₁; tṛtatvair
 C, tritattvai J₁ • niryāsair] C₂^{cc}; °niryāsaur J₁J₂^{cc}; °niryās* K₁ 14a devaḥ JK₁; devāt C 14b sa] C; saḥ
 JK₁

2a M₂ breaks off here until 19.5

guhyaguhyeṣu tantreṣu guhyaguhyeṣu devatāḥ ||14||
 anenaivādhikāreṇa nr̥ṇām evādhikāritā |
 sarvābhiṣekasaṃsiktāḥ sarvādhikārasaṃbhṛtāḥ ||15||
 siddhamārgeṇa saṃyukto naro bhavati nānyathā |
 yo jānāti imāṃ mudrāṃ garvas tasyaiva sārthakaḥ ||16||
 vijñātaṃ sakalaṃ tena nāḍyā devyāḥ prasādataḥ ||17||
 ity vedhavivekaḥ

[14. ABHYĀSAVIVEKAḤ]

yena labdham idaṃ jñānaṃ labdhaś cintāmaṇis tathā |
 prāpto bhadraghaṭas tena kalpadrumo mahānidhiḥ ||1||
 idaṃ tattvatrayaṃ guhyaṃ trailokyasāram uttamam |
 anabhyāsarātānāṃ tu narāṇāṃ niṣphalāyate ||2||
 yathāprayogaśīlānāṃ nidhiś ca niṣphalāyate |
 tathābhyāsavihīnānāṃ tattvaṃ ca niṣphalaṃ dhruvam ||3||
 evaṃ buddhvā sadābhyāsaḥ kartavyaḥ sāttvikair naraiḥ |
 abhyāsaj jāyate yogo yogāt sarvaṃ prasidhyati ||4||
 dhṛtvā prāthamikīṃ mudrāṃ kṛtvā bandhau mahādṛḍhau |
 āndolanaṃ tataḥ kuryāc charīrasya trimārgataḥ ||5||
 punar āsphālanāṃ kaṭyāḥ sthiraṃ puruṣamudrayā |
 vāyūnāṃ gatim āvṛtya kṛtvā pūrakakumbhakau ||6||
 abhyāsam ārabhed yogī sarvopabhogavṛddhaye |
 divārātram avichinnaṃ yāme yāme tathā tathā ||7||
 anenābhyāsayogena vāyur abhyasito bhavet |

14.6 = *Amarauḡhaprabodha* 38

14d devatāḥ] C; mānavah JK₁ 15b evā°] C; evā° J, eṣā K₁ 15c °siktāḥ] C; yuktaṃ JK₁ 15d sarvā°] J; sasarvā° C (*unm.*) 16c jānāti imāṃ] J; jānātvimāṃ C (*unm.*), jānāti imā K₁ 16d garvas tasyeva sārthakaḥ] C' sarvaṃ tasyaiva sārthakam JK₁ 17a vijñātaṃ sakalaṃ] *conj.*; vijñātaṃ sakanam C, vijñānaṃ ca phalaṃ J₁, vijñānaṃ phalaṃ J₂^c (*unm.*), vijñānaṃ viphalam J₂^c, vijñānaṃ saka* K₁ 17b nāḍyā devyāḥ] C; nānyadevyāḥ J₁, nāḍyā devyā J₂ **Colophon** ity vedhavivekaḥ] *em.*; iti tṛtīyavivekaḥ C, ity amṛtasiddhau vedhavivekaḥ JK₁ 1a labdham] C; prāptam JK₁ 1b labdhaś] JK₁; labdha C 1c prāpto] C; prāpo J₁, prāyo J₂, prāpt* K₁ • °ghaṭas] J; °ghaṭa C 2a °trayaṃ guhyaṃ] J₂K₁; °traya guhyaṃ C, trayaṃ guhya J₁ 2b trailokyasāram uttamam] C; trailokye sāram adbhutaṃ J, trailokye sāram adbhutaṃ K₁ 2c anabhyāsarātānāṃ tu] C; anayābhyāsarātānāṃ ca J₁ (*unm.*), anabhyāsarātānāṃ ca J₂, anabhyāsa ratāmnāṃ ca K₁ 2d niṣphalāyate] *corr.*; niṣphalayati C, niṣphalāyate JK₁ 3a °śīlānāṃ] J; °śālīnāṃ C 3b nidhiś] *em.*; nadhiś C, nidhiṃ JK₁ • niṣphalāyate] C_T; niṣphalayate C_S, niṣphalā bhavet JK₁ 3c °bhyāsa°] C_J2K₁; nyāsa° J₁ 4a evaṃ buddhvā] C; naraṃ vudhya J₁, naraṃ budhya J₂^c, naraṃ budhyā J₂^c, naraṃ vudhyā K₁ 4b kartavyaḥ sāttvikair naraiḥ] C; kartavya tattvikair naraiḥ J₁, kartavya[*]tattvikair naraiḥ J₂ 4d yogāt] JK₁; yogat C 5a prāthamikīṃ mudrāṃ] *em.*; prathāmikīṃ mudrāṃ C, prāpyamikī mudrā J₁, prāpyamikīṃ mudrāṃ J₂, prāthamikī mudrā K₁ 5b bandhau] JK₁; bandho C 5c āndolanaṃ] C; āsphālanāṃ J • tataḥ] J; ta C (*unm.*) • kuryāc] J; kuryāt C 5d charīrasya] J; śarīrasya C • trimārgataḥ] C; trivargataḥ J, trivargataḥ K₁ 6a punaḥ] punaḥ K₁ • kaṭyāḥ] JK₁; kaṭyā C 6b sthiraṃ] C; sthiraḥ JK₁ • °mudrayā] JK₁; mudrayā C 6d °kumbhakau] J; °kumbhakaṃ C 7c °rātram avichinnaṃ] C; °rātrim avichinnaṃ J₁, °ratraim avichinnaṃ J₂, rātrim avichinnaṃ J₂^cK₁ 7d tathā tathā] C; yathā tathā JK₁ 8b abhyasito] C_J1; abhyasito J₂

vāyor abhyāsato vahniḥ pratyahaṃ vardhate tanau ||8||
vahnau vivardhamāne ca sukham annasya pākatā |
annasya paripākena rasavṛddhiḥ prajāyate ||9||
rase vṛddhigate nityaṃ vardhante dhātavas tadā |
dhātoḥ saṃvardhanād eva pradhānaṃ vardhate rasaḥ ||10||
pradhānarasasampattau satatābhyāsayogataḥ |
puṣṭo bhavati yogīndro dṛḍhakāyo mahābalaḥ ||11||
mahābandho mahābhyāsād balād eva prajāyate |
mahābandhamahābhyāsād rasasya jāraṇaṃ bhavet ||12||
śuṣyanti sarvadoṣās ca malamūtrakaṣāyakāḥ |
rasasya cāraṇaṃ gātre nāḍīdvāreṇa sarvadā ||13||
māraṇaṃ kālayogena rasadvayasya melakam |
madhyamānupraveśo 'pi yogino 'bhyāsayogataḥ ||14||
karṇadhāraṃ guruṃ prāpya kṛtvā naukām anuttarām |
abhyāsavāhanāśaktās taranti bhavasāgaram ||15||
yadi devāḥ svayaṃ jñānaṃ kathayanti muhur muhuḥ |
tadāpy abhyasato yogaḥ sphuṭībhavati yoginām ||16||
dahyante sarvapāpāni janmakotiḥkṛtāni ca |
ihaiḥ abhyāsayogena tṛṇāni vahninā yathā ||17||
tapāṃsi yāni kathyante yajñadānavratāni ca |
koṭikoṭiguṇais tāni bhavanty abhyāsayogataḥ ||18||
prakṛtayo guṇā doṣā vyādhayo vividhās tanau |
naśyanty abhyāsayogena khe meghā vāyunā yathā ||19||
ity abhyāsavivekaḥ

8c vahniḥ] CJ₂^{pc}; vahni J₁J₂^{ac} 9a ca [C; na J 9b annasya] CJ₂^{pc}; aṃtasya J₁J₂^{ac} 9c annasya] CJ₂^{pc}; antasya J₁
9d °vṛddhiḥ] J; °vṛddhiḥ C 10a rase vṛddhigate] C; rasavṛddhigater J 10b vardhante] J; vadhyante C
• tadā] C; tathā J 10c saṃvardhanād] J; saṃvardhanad C 10d rasaḥ] C; rasaṃ J 11c yogīndro] C;
yogendro J 12a °abhyāsād] J₂^{pc}; °abhyāso C, °abhyāsod J₁J₂^{ac}, 12bc C; om. J 12c °abhyāsād] em.; °abhyāsad
C 12d jāraṇaṃ] em.; jāraṇa C (unm.), jñāpanaṃ J 13a śuṣyanti] CJ₂; śuṣayanti J₁ (unm.) • sarvadoṣās
ca] J; sarvadoṣāni C 13b °kaṣāyakāḥ] C; °sya pācakau J 13c cāraṇaṃ] J; cāraṇa C 14a kālayogena]
J₁; kāla* yogena* C_S, śālayogena C_T 14b rasadva°] J; *sa* C 15a karṇadhāraṃ] J; karṇadhāra C
15b naukām anuttarām] em.; naukam anuttaraṃ C, naukāṃ tanuṃ narāḥ J₁ 15c abhyāsa°] J; a*sa° C •
°vāhanā°] J₁; °vāhana° C (unm.) • °saktās] em.; °saktās codd. 16c tadāpy abhyāsato] em.; tadāpy abhyasato
C, udānābhyāsato J 17a dahyante] em.; drakṣante C, dahyanti J 18b °dāna°] J; °dā° C (unm.) • °vratāni]
C; °vṛtāni J 19c naśyanty] J; naśaty C 19d meghā] em.; meghaṃ C, medyā J