

## Śivayogapradīpikā Handout

### MSS. Witnesses

- P<sub>ed</sub> 1978 [1907]. *Śivayogadīpikā: mantra-laya-haṭha-rājākhyacaturvidhayogānām vivaraṇam Sadāśivabrahmendrapañcaratnam ca*. Dvitiyāvṛttiḥ. Ānandaśramasaṃskṛtagranthāvaliḥ; granthāṅkaḥ 139. Puṇyākhyapattanam: Ānandaśramah.
- T<sub>1</sub> Pondicherry IFP T.0871 [= MGOL D.4385, Grantha]
- T<sub>2</sub> Pondicherry IFP T.1019d [= IFP RE.20181, Grantha(?)]
- T<sub>3</sub> Pondicherry IFP T.1027a [= unknown ms. Tulu], 1700 CE

### 1. Opening Verses

1.1ab paramayogimanombujaṣaṭpadaṃ trividhakāraṇakāraṇam avyayam  
1.1cd saḡuṇanirḡuṇatattvam anāmayaṃ gurusadāśivaliṅgam ahaṃ bhaje

1.2ab śrīmadguruprasādena yogaṃ jñātvā śivātmakam  
1.2cd vakṣyāmi suprabodhāya śivayogapradīpikām

### 2. The Bhakta student

1.3ab śivatattvavidāṃ śreṣṭha vakṣyāmi śṛṇu te 'dhunā  
1.3cd śivayogaṃ paraṃ guhyam api tvad bhaktigauravāt

### 3. The Four Types of Yoga

1.4ab **mantra layo haṭho rājā** ceti yogās caturvidhāḥ  
1.4cd tān āhuḥ pūrvamunayaḥ siddhāḥ śaṃbhuprabodhitān

1.5ab ekākṣaram dvyakṣaram vā ṣaḍakṣaram athāpi vā  
1.5cd aṣṭākṣaram vā mokṣāya **mantrayogī** sadā japet

1.6ab yasya cittam nijaṃ dhyāyen manasā marutā saha  
1.6cd līnam bhavati nādena **layayogī** sa eva hi

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1.1a **parama** ] Ped T<sub>1</sub> T<sub>3</sub>; parame T<sub>2</sub> 1.1c **-tattvam** ] Ped T<sub>3</sub>; tattvam T<sub>1</sub>; (word elided from T<sub>2</sub>) 1.2a **śrīmad** ] Ped T<sub>1</sub> T<sub>3</sub>; śrīmat T<sub>2</sub> 1.2b **śivātmakam** ] Ped T<sub>1</sub> T<sub>3</sub>; sa śivātmakam T<sub>2</sub> 1.2d **-pradīpikām** ] Ped T<sub>1</sub> T<sub>3</sub>; pradīpikāyām T<sub>2</sub> 1.3a **śivatattva** ] Ped; śivatattva T<sub>1</sub> T<sub>2</sub> • **śreṣṭha** ] Ped T<sub>1</sub>; śreṣṭham T<sub>2</sub> 1.3b **te 'adhunā** ] Ped T<sub>1</sub>; tedhunā T<sub>2</sub> 1.4a **haṭho rājā** ] Ped T<sub>1</sub>; paṭo rāja T<sub>2</sub> 1.4b **ceti yogās** ] Ped; yogaśceti T<sub>1</sub>; iti yoga T<sub>2</sub> • **caturvidhāḥ** ] Ped; caturvidhaḥ T<sub>1</sub> T<sub>3</sub>; caturvidhā T<sub>2</sub> 1.4c **tān āhuḥ** ] Ped; tam āhuḥ T<sub>1</sub> T<sub>2</sub> T<sub>3</sub> • **-munayaḥ** ] Ped T<sub>2</sub>; munayās T<sub>1</sub>; munayo T<sub>3</sub> 1.4d **-prabodhitān** ] Ped; prabodhitāḥ T<sub>1</sub> T<sub>2</sub>; prabodhitaḥ T<sub>3</sub> 1.5c **mokṣāya** ] Ped T<sub>1</sub>; mokṣoya T<sub>2</sub> 1.5d **mantrayogī** ] Ped; mantram yogī T<sub>1</sub> • **sadā japet** ] Ped; japet sadā T<sub>1</sub> T<sub>2</sub> T<sub>3</sub> 1.6a **nijaṃ dhāyen** ] Ped; - - - ye T<sub>1</sub>; nije dhyeye T<sub>2</sub> T<sub>3</sub> 1.6d **sa eva hi** ] Ped T<sub>3</sub>; sa eva T<sub>1</sub>; sadeva hi T<sub>2</sub>

1.7ab bhaved aṣṭāṅgamārgeṇa mudrākaraṇabandhanaiḥ<sup>1</sup>  
1.7cd tathā kevalakumbhena **haṭhayogī** vaśānilaḥ

1.8ab triṣu lakṣyeṣu yo brahmasākṣātkāraṃ gamiṣyati  
1.8cd jñānopāyamanovṛttirahito rājayogavit

2.25ab prākṛto mantrayogaḥ syād vaikṛto laya eva hi  
2.25cd haṭhaḥ kevalakumbhākhyo rājayogo 'manāḥ smṛtaḥ

5.51ab mantralayāv ārambhakaghaṭasaṃjñau paricayo haṭha syāt  
5.51cd samaniṣpattismṛta eva mahān rājayogas tu<sup>2</sup>

#### 4. Threefold Rājayoga: Sāṅkhya, Tāraka, and Amanaska

1.10ab so 'pi tridhā bhaved sāṅkhyas tāraś cāmanā iti  
1.10cd pañcaviṃśatitattvānāṃ jñānaṃ yat **sāṅkhyam** ucyate

1.11ab bahirmudrāparijñānād yogas **tāraka** ucyate<sup>3</sup>  
1.11cd antarmudrāparijñānād **amanaska** itīritaḥ

1.12ab ślāghyaḥ sāṅkhyāt tāraś 'yam amanasko 'pi tārakāt  
1.12cd rājatvāt sarvayogaṅāṃ rājayoga iti smṛtaḥ

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**1.7a tathā** ] Ped T<sub>3</sub>; atha T<sub>1</sub> T<sub>2</sub> **1.7c -kumbhena** ] Ped T<sub>2</sub>; kumbhe vā T<sub>3</sub> **1.7d haṭhayogī** ] Ped T<sub>3</sub>;  
haṭhayogī T<sub>2</sub> • **vaśānilaḥ** ] Ped T<sub>3</sub>; vaśānalaḥ T<sub>1</sub> T<sub>2</sub> **1.8a lakṣyeṣu** ] Ped T<sub>3</sub>; lokeṣu T<sub>2</sub> **1.8b gamiṣyati** ]  
Ped T<sub>3</sub>; gamiṣyate T<sub>2</sub> **1.8c jñānopāya** ] Ped; jñāne vātha T<sub>2</sub> T<sub>3</sub> **1.8d -vṛttirahito** ] Ped T<sub>1</sub> T<sub>3</sub>; vṛttirahite  
T<sub>2</sub> **1.10a so 'pi** ] Ped; sopi T<sub>2</sub>; sāpi T<sub>3</sub> **1.10b sāṅkhyas** ] Ped T<sub>3</sub>; sāṅkhyam T<sub>1</sub> **1.10c -tattvānāṃ** ] Ped T<sub>3</sub>;  
tattvānāṃ T<sub>1</sub> T<sub>2</sub> **1.10d yat** ] Ped; tat T<sub>1</sub> T<sub>2</sub> T<sub>3</sub> **1.11a -parijñānād** ] Ped T<sub>3</sub>; parijñānaṃ T<sub>1</sub>; parijñāna T<sub>2</sub>  
**1.11c -parijñānād** ] Ped T<sub>2</sub> T<sub>3</sub>; parijñānaṃ T<sub>1</sub> **1.11d amanaska itīritaḥ** ] Ped T<sub>3</sub>; amanaskam itīritaḥ T<sub>1</sub>;  
amanaska itīritaḥ T<sub>2</sub> **1.12a ślāghyaḥ** ] Ped; ślārghya T<sub>2</sub> • **sāṅkhyāt** ] Ped; sāṅkhyāt T<sub>1</sub>; sāṅkhya T<sub>2</sub>  
**1.12b tāraś 'yam** ] Ped; tarāś yam T<sub>1</sub>; tarāś yam T<sub>2</sub> • **amanasko** ] Ped T<sub>1</sub> T<sub>3</sub>; manavisko T<sub>2</sub> • **'pi**  
**tārakāt** ] Ped; hi -- kāt T<sub>1</sub>; vitārakāt T<sub>2</sub>; pi tārakāt T<sub>3</sub> **1.12c rājatvāt** ] Ped; rājanāt T<sub>2</sub> • **sarvayogaṅāṃ** ]  
Ped; sarvayogaṅāṃ T<sub>1</sub> T<sub>3</sub>; sarvatattvānāṃ T<sub>2</sub> **1.12d rājayoga iti smṛtaḥ** ] Ped T<sub>1</sub>; rājayoga itīritaḥ T<sub>2</sub>;  
rājayoga itīritaḥ T<sub>3</sub>

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<sup>1</sup> = *Yogasārasaṅgraha* p.53.

<sup>2</sup> cf. *Dattatreya yogaśāstra* 18-21, *mantrayogo layaś caiva haṭhayogas tathaiva ca // rājayogaś caturthaḥ syād  
yogaṅāṃ uttamas tu saḥ / ārambhaś ca ghaṭaś caiva tathā paricayaḥ smṛtaḥ // niṣpattiś cety avasthā ca  
caturthā parikalpitā* / I'm grateful to Dr. James Mallinson for drawing my attention to this parallel verse  
while on the bus ride from SOAS to Oxford, September 14, 2016.

<sup>3</sup> ≈ *Yogasārasaṅgraha* p.60

## 5. Śivayoga

1.13ab nābhedaḥ śivayogasya rājayogasya tattvataḥ<sup>4</sup>  
1.13cd śivārcinām tathāpy evam ukto buddheḥ pravartate

1.14ab pratipādyas tayoḥ bhedas tathā śivaratātmanām  
1.14cd tasmān manīṣibhir grāhyaḥ śivayogas tu kevalaḥ

1.15ab jñānaṃ śivamayaṃ bhaktiḥ **śaivadhyānaṃ** śivātmakam  
1.15cd śaivaṃ vrataṃ śivārceti śivayogo hi pañcadhā<sup>5</sup>

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1.15b śaivadhyānaṃ ] T<sub>2</sub> ; śaivaṃ jñānaṃ Ped

1.38ab antaryogo bahiryogo dvididhaṃ tac chivārcanam  
1.38cd mukhya cābhyantare pūjā sā ca bāhyārcanoditā

1.39ab ātmastham atyantaruciprasāntam aśrāntam īśaṃ hi yajanti santaḥ  
1.39cd taṃ bāhyanānāpratimāsu bāhyakriyābhir evālpadhiyo yajanti

1.40ab hr̥tpadmaṃ śivadharmakandasahitaṃ sujñānanālaṃ tathā  
1.40cd nityaiśvaryadalāṣṭakaṃ śaśinibhaṃ vairāgyasatkarṇikam  
1.40ef śrīrudreśvarakesarāñcitam idaṃ saṃcintya tan madhyame  
1.40gh sūryenduvalavahnimaṇḍalagataṃ dhyāyec chivaṃ cinmayam

## 6. Aṣṭāṅgayoga & Haṭhayoga as an auxilliary of Śivapūjā

2.4ab śivayogaḥ sādhakānām sādhyas tat sādhanam haṭhaḥ  
2.4cd yamādibhir athāṣṭāṅgair devapūjāṃ samācaret

3.58ab ata eva mahāścaryaṃ yogam aṣṭāṅgam ādarāt  
3.58cd śivapūjāṅgam etad dhi tvam evābhyasanaṃ kuru

4.2ab rājayogaḥ parigrāhyo vidvadbhis tena hetunā  
4.2cd yasya sādhanam **aṣṭāṅgahaṭhayoga** ihocyate

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<sup>4</sup> = *Yogasārasaṃgraha* p.60, na bhedaḥ śivayogasya rājayogasya tattvataḥ /

<sup>5</sup> cf. with the *Anādi-vīraśaiva-sārasaṃgraha*, 25.83-86 (in Koppal 1988: 51): *vijñānaṃ śive bhakti / śivācārā śivavratam / śivaliṅgārcanājñāptiḥ śivayogo hi pañcadhā //*

## 7. On possible Vīraśaiva influence:

3.61ab carācaralayasthānaṃ liṅgam ākāśasaṃjñikam  
3.61cd prāṇe tadvyomni saṃlīne prāṇaliṅgī bhaven naraḥ

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3.61c prāṇe tadvyomni ] T<sub>2</sub>; prāṇeta vyomni Ped

3.63ab liṅgaikyādvaitabhāvātmā niścalaikyasaṃmādhinā  
3.63cd evaṃ aṣṭāṅgayogena vīraśaivo bhaven naraḥ

## 8. On the ŚYP and the *Siddhasiddhāntapaddhati*:

5.58ab yogaśāstrarahasyārthān siddhasiddhāntapaddhatiḥ  
5.58cd saṃkṣepeṇa kṛtā bodhyā śivayogapradīpikā

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5.58a yogaśāstrarahasyārthān ] *em.* yogaśāstrarahasyarthān T<sub>2</sub>; yogaśāstre rahasyāni Ped

### Shared Teachings on the Tantric Body

9 Cakra-s, ŚYP 3.7-17 ≈ SSP 2.1-10;  
16 Ādhāra-s, ŚYP 3.17-32 ≈ SSP 2.11-25;<sup>6</sup>  
3 Lakṣya-s and 5 Vyoman-s, ŚYP 4.36-50 ≈ SSP 2.26-31.<sup>7</sup>

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<sup>6</sup> cf. the 16 *dhāraṇas* of the *Śāradātilaka* 25.24-25.

<sup>7</sup> cf. *Netratāntra* 7.1, *ataḥ paraṃ pravakṣyāmi dhyānaṃ sūkṣmam anuttamam / ṛtucakraṃ svarādhāraṃ trilakṣyaṃ vyomapañcakam.*

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### ŚYP In Translation

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\* Have not acquired.